



**St Joseph the Worker**  
**PSHE/RSE Long Term Plan**

All year groups take part in Safer Internet Day, World Kindness Day and Anti Bullying week.						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b> <b>Nursery</b> <b>Reception</b>	<b>Health and wellbeing</b> Keeping well and clean	<b>Relationships</b> Friendship. What friends are.	<b>Health and wellbeing</b> Day and night time routines – sleep.	<b>Relationships</b> Safe and unsafe. Who keeps me safe?	<b>Living in the wider world.</b> Taking care of our EYFS garden – plants flowers minibeasts	<b>Living in the wider world</b> People who help us in school and the community
	<b>Health and wellbeing</b> Myself – I am unique	<b>Relationships</b> What makes a good friend?	<b>Living in the wider world</b> Our community in school and church.	<b>Relationships</b> Good and bad choices	<b>Health and wellbeing</b> Healthy eating	<b>Health and wellbeing</b> Exploring feelings – transition into Y1
<b>EYFS</b> <b>RSE</b>					<b>The wonder of being special and unique.</b>	
<b>Year 1</b>	<b>Health and wellbeing</b> Keeping well and clean	<b>Relationships</b> My friendships <b>Health and Wellbeing</b> Awareness of feelings	<b>Relationships</b> All about me	<b>Living in the wider world</b> The environment	<b>Health and wellbeing</b> Keeping safe	<b>Living in the wider world</b> Being different
<b>Year 1</b> <b>RSE</b>					<b>To meet God’s love in our family.</b>	



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<b>Year 2</b>	<b>Health and wellbeing</b> Healthy people	<b>Relationships</b> Making and breaking friendships	<b>Relationships</b> All about my feelings <b>Living in the wider world</b> Money shopping and saving	<b>Living in the wider world</b> Special days	<b>Health and wellbeing</b> Keeping safe	<b>Relationships</b> All about my feelings -transition into KS2.
<b>Year 2 RSE</b>					<b>We meet God's love in the community.</b>	
<b>Year 3</b>	<b>Relationships</b> Peer influence and pressure.	<b>Health and wellbeing</b> Emotions and feelings	<b>Health and wellbeing</b> Drug education. Smoking and basic first aid.	<b>Living in the wider world</b> Where do things come from?	<b>Relationships</b> Different families	<b>Living in the wider world</b> Me and my community
<b>Year 3 RSE</b>					<b>How we live in love.</b>	
<b>Year 4</b>	<b>Relationships</b> Friendships/inclusion	<b>Health and Wellbeing</b> Drug education – alcohol and decision making.	<b>Living in the wider world</b> Managing money	<b>Living in the wider world</b> Local community shared responsibilities	<b>Health and Wellbeing</b> Healthy lifestyles	<b>Living in the wider world</b> Aspirations
<b>Year 4 RSE</b>					<b>God loves us in our differences.</b>	



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<b>Year 5</b>	<b>Health and wellbeing</b> Healthy lifestyles	<b>Relationships</b> Friendships and coping with bullying	<b>Relationships</b> Being left out	<b>Living in the wider world</b> Money	<b>Health and Wellbeing</b> Drug education – legal and illegal substances.	<b>Living in the wider world</b> Working together and aspirations.
<b>Year 5 RSE</b>					<b>God loves us in our changing and developing.</b>	
<b>Year 6</b>	<b>Health and wellbeing</b> Mental health and online safety.	<b>Relationships</b> Conflict resolution	<b>Living in the wider world</b> Democracy and decisions	<b>Living in the wider world</b> Money and me.	<b>Living in the wider world</b> Aspirations work and career.	<b>Health and wellbeing</b> Moving on – transition to high school
<b>Year 6 RSE</b>					<b>The wonder of God's love in creating new life.</b>	